Your School Lunch

Let's Eat • TOGETHER •

WEEK ONE Week Commencing: 2nd Nov, 23rd Nov, 14th Dec, 18th Jan, 8th Feb, 8th March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Margherita Pizza (Cheese & Tomato) *(V, EF)* Herby Tomato Pasta *(VG)* Rainbow Rice Salad *(VG)* Peas & Baked Beans Fresh Fruit or Yogurt	Cajun Beef & Bean Tortilla *(EF)* Cajun Vegetable & Bean Tortilla *(V, EF)* Jacket Potato with Cheese *(V, GF, EF)* or Baked Beans *(VG, GF)* Mixed Salad & Sweetcorn Lemon Cake *(V, DF)*	Roast Loin of Pork *(GF, DF, EF)* Quorn Roast *(V, GF)* Wholemeal Tuna & Cucumber Sandwich *(EF, DF)* Roast Potatoes, Yorkshire Pudding, Cabbage & Carrots Fresh Fruit or Yogurt	Sticky BBQ Chicken with Rice *(DF, EF, GF)* Mac 'n' Cheese *(V, EF)* Jacket Potato with Cheese *(V, GF, EF)* or Baked Beans *(VG, GF)* Broccoli & Vegetable Medley Flapjack *(V, DF, EF)* with Raisins	Fish Fingers *(DF, EF)* Veggie Sausage Roll *(V, EF)* Cheddar Cheese, Tomato & Onion Pasta Salad *(EF)* Chips or Pasta Peas & Sweetcorn Fresh Fruit or Yogurt

WEEK TWO Week Commencing: 9th Nov, 30th Nov, 4th Jan, 25th Jan, 22nd Feb, 15th March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Margherita Pizza (Cheese & Tomato) *(V, EF)* Mild Mexican Chilli Loaded Hash Browns *(VG, GF)* Wholemeal Egg Mayo Sandwich *(V, DF)* Sweetcorn & Baked Beans Fresh Fruit or Yogurt	Sausage Plait *(DF)* Crispy Veggie Dippers *(VG)* Baked Jacket Potato with Cheese *(V, GF, EF)* or Baked Beans *(VG, GF)* Oven Baked Potato Wedges Peas & Carrots Shortbread *(V, EF, DF)* with an Orange Wedge	Cottage Pie *(GF, EF)* Veggie Cottage Pie *(V, EF, GF)* Wholemeal Cheese & Tomato Sandwich *(V, EF)* Cauliflower & Vegetable Medley Fresh Fruit or Yogurt	Beef Meatballs in Tomato Sauce *(GF, DF, EF)* Veggie Meatballs in Tomato Sauce *(VG, GF)* Baked Jacket Potato with Cheese *(V, GF, EF)* or Baked Beans *(VG, GF)* Pasta, Sweetcorn & Carrots Cinnamon Swirl Sponge *(V, DF)*	Chicken Nuggets *(DF, EF)* Veggie Samosa's *(VG)* Breaded Salmon Wrap with Mayo & Lettuce *(EF, DF)* French Fries or Pasta Baked Beans or Peas Fresh Fruit or Yogurt

WEEK THREE Week Commencing: 16th Nov, 7th Dec, 11th Jan, 1st Feb, 1st March, 22nd March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Margherita Pizza (Cheese & Tomato) *(V, EF)* Spinach & Potato Curry with Rice *(VG)* Cheese & Cucumber Wrap *(V, EF)* Peas & Baked Beans Fresh Fruit or Yogurt	Pork Sausages with Gravy *(DF, EF)* Veggie Sausage with Gravy *(VG, GF)* Jacket Potato with Cheese *(V, GF, EF)* or Baked Beans *(VG, GF)* Mashed Potato, Cabbage & Carrots Rock Cake *(V)* with Melon	Roast Chicken Breast *(GF, EF, DF)* Vegetarian Quorn Roast *(V, GF)* Tuna & Sweetcorn Pasta Salad *(DF, EF)* Roast Potatoes & Yorkshire Pudding with Gravy Cauliflower & Green Beans Fresh Fruit or Yogurt	Beef Bolognaise with Twisty Pasta *(DF, EF)* Veggie Bolognaise with Twisty Pasta *(VG,)* Baked Jacket Potato with Cheese *(V, GF, EF)* or Baked Beans *(VG, GF)* Carrots & Peas Iced Sprinkle Cake (V, DF)	Flipper Dippers *(DF, EF)* Pizza Pinwheel *(V, EF)* Wholemeal Egg Mayo & Lettuce Sandwich *(V, DF)* Chips or Pasta Sweetcorn or Baked Beans Fresh Fruit or Yogurt

Available Daily – Fresh bread, Salad Bar, and lots of Fresh water, as well as a choice of natural yoghurt, or fresh fruit as an alternative to dessert

Allergy advice – All our food is prepared in a kitchen where any of the 14 Allergens may be present, and our menu descriptions do not include all ingredients. If you have an allergy, please let us know before ordering. Full allergeninformation is available from your school. Any fish we serve will vary depending on availability.

We only select fish from sustainable sources.

Suitable for vegetarians or vegetarian option available.

Our fish and chicken dishes may contain bones.

KEY:
V VEGETARIAN
VG VEGAN
EF EGG FREE
DF DAIRY FREE
GF GLUTEN FREE

OXFORDSHIRE COUNTY COUNCIL